Gas mark, conventional C, and fan C follow BBC Good Food.
Exact F converts that Celsius with F = C x 9/5 + 32.
Gas mark 4 is 180 C and 356 F. Many recipes print 350 F instead.

Conventional oven

Gas	Setting	C	Fan C	Exact F
1/4	Very cool	110	90	230
1/2	Very cool	120	100	248
1	Cool	140	120	284
2	Cool	150	130	302
3	Moderate	160	140	320
4	Moderate	180	160	356
5	Moderately hot	190	170	374
6	Moderately hot	200	180	392
7	Hot	220	200	428
8	Hot	230	210	446
9	Very hot	240	220	464

The fan column is the BBC chart, 20 C below the conventional column.